

Breast Reconstruction Options Overview

Immediate Reconstruction

*Started same day as mastectomy

Delayed Reconstruction

*Mastectomy and adjuvant therapy such as radiation/chemotherapy already complete

Autologous

*Using patient's own tissue

Non-Autologous

*Using tissue expander/breast implant

Tram

*Tissue from abdomen

Latissimus Dorsi Flap

*Tissue from back

Other Flap Procedures

Tissue Expander

*Placed under the pectoral and serratus muscle
*Exchanged for implant after serially inflated with normal saline

Nipple areola complex reconstruction

*Performed 3-4 months after breast mound healed

Tattoo of areola