

# Breast Reconstruction Options Overview

## Immediate Reconstruction

\*Started same day as mastectomy

## Delayed Reconstruction

\*Mastectomy and adjuvant therapy such as radiation/chemotherapy already complete

## Autologous

\*Using patient's own tissue

## Non-Autologous

\*Using tissue expander/breast implant

### Tram

\*Tissue from abdomen

### Latissimus Dorsi Flap

\*Tissue from back

### Other Flap Procedures

## Tissue Expander

\*Placed under the pectoral and serratus muscle

\*Exchanged for implant after serially inflated with normal saline

## Nipple areola complex reconstruction

\*Performed 3-4 months after breast mound healed

Tattoo of areola